T@G Summer Football Development Sessions

Summer Skills and Drills Player Development Sessions

Dates: Monday, Friday & Sundays July 7th- August 23rd

Location: Jesse Owens Playground Lafayette Ave between Malcolm X and Stuyvesant Ave

Times: Sun 9-11am!; Monday & Friday 5-7pm)

Curriculum includes specific drills, workouts, and games revolving around:

- Explosion
- Speed
- Football IQ
- Conditioning
- Moderate Strength Training
- Footwork (or as Shaq would say "feetwork")
- Change of Direction
- Route Running
- Zone and Man Coverages
- Endurance
- Agility
- Confidence
- Leadership
- Teamwork
- Listening
- Teaching
- Jumping abilities

PRICING PACKAGING AND LINK TO REGISTRATION BELOW

Price Packages

July 7-August 23rd= 21 sessions 21 Sessions in total Monday, Friday, Sunday

Payment Plans & Options for Participants

Sessions are \$55 per session. 3 Sessions per week. Sessions are 2 hours long. 10% Discount for all returning families.

Session Packages

3 sessions \$145 (\$130*) = \$48 per session 6 sessions \$270 (\$240*) = \$45 per session 9 sessions \$380 (\$340*) = \$42 per session 12 sessions \$470 (\$420*) = \$39 per session 15 sessions \$540 (\$495*) = \$36 per session 18 sessions \$600 (\$540*) = \$33 per session **

**= Any remaining sessions are free

Payment Plans: \$50 deposit and completion of registration form: T@G REGISTRATION FORM.docx

Send Deposits via Cash App:\$tyfunds \$Ant02liive via Zelle: <u>thr33hardway@gmail.com</u> or Cash upon first session.

Half of the package you plan to purchase is due before our first session July 7th (or whichever session is your first session).

Half way through the package the other half will be due (ex. 12 session package= \$50 down payment, \$210 due by first attending session, other \$210 due by session #6)

IF YOU HAVE ANY QUESTIONS OR CONCERNS PLEASE DO NOT HESITATE TO CALL TEXT OR EMAIL!!